

HOT FOOD Toasted Sandwiches \$ Cheese 2.00 Ham & cheese 2.50 Ham, cheese & tomato 2.80



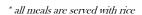
UNLEY HIGH SCHOOL CANTEEN MENU—2020

HOT FOOD

| | | | \$ |
|--|--------------|---|---------------|
| | \$ | Hot Dog-with sauce/mustard | 3.50 |
| Potato top pie | 5.60 | Hot dog-with sauce & cheese | 3.70 |
| Chicken Pie | 5.60 | Hot cheese roll | 2.90 |
| Green Peppercorn steak pie | 5.60 | Hot ham & cheese roll | 3.80 |
| Chunky beef & cheese pie | 5.60 | Hot chicken roll | 4.20 |
| Chilli beef pie | 5.60 | Chicken burger (chicken | 4.40 |
| Chunky beef & mushroom pie | 5.60 | lettuce) | |
| Traveller pepper steak or beef, cheese & bacon pie | 4.00 | Cheese burger (beef patty, cheese & tomato sauce) | 4.30 |
| Beef pie | 5.00 | Potato nuggets (10) | 1.50 |
| beer pie | 5.00 | Chicken garlic balls (3) | 3.50 |
| Spinach & ricotta roll | 5.00 | Tempura chicken nuggets (6) | 3.50 |
| Sausage roll | 4.00 | Chicken goujons plain/sweet chilli(6) | 3.50 |
| Chilli or cheese Villi dog | 6.00 | Potato hash brown | 1.00 |
| Beef, cheese & bacon sausage | 5.00 | Salt & pepper squid (6) | 3 .7 0 |
| roll | 5. 00 | Tempura fish (5) | 3.20 |
| | | Instant chicken noodles | 3.00 |
| 45 | | Chicko roll | 2.30 |
| Vegetable pasty | 5.00 | Nachos | 3.50 |
| Cornish pasty | 5.60 | Vegetarian dim sim | 1.40 |
| Vegan pasty | 5.00 | Falafel | 2.90 |
| o Party | | Garlic bread | 2.00 |

Sauces-Tomato, Barbeque, Mayonnaise, Sweet & Sour, Thai Sweet Chilli

| HOT FOOD | \$ |
|--------------------|------|
| Butter Chicken* | 5.30 |
| Malaysian Chicken* | 5.30 |
| Lamb Rogan Josh* | 5.30 |
| Beef Massaman* | 5.30 |
| Dahl* | 5.30 |









0.40

| Fried Rice | 4.50 |
|----------------------------|------|
| Vegetarian Fried Rice | 4.50 |
| Chicken Hokkien Noodles | 4.50 |
| Vegetarian Hokkien Noodles | 4.50 |

UNLEY HIGH SCHOOL CANTEEN MENU—2020

SANDWICHES & ROLLS

| FILLINGS | SANDWICH | SINGLE CUT | DOUBLE CUT |
|-----------------|----------|------------|------------|
| 7/3 | \$ | ROLL \$ | ROLL \$ |
| Chicken | 3.10 | 3.30 | 4.30 |
| Ham (Virginian) | 3.10 | 3.30 | 4.30 |
| Cheese | 2.60 | 2.80 | 3.80 |
| Egg | 3.10 | 3.30 | 4.30 |
| Curried Egg | 3.10 | 3.30 | 4.30 |
| Vegemite | 2.10 | 2.30 | 2.60 |
| Salad | 3.60 | 3.80 | 4.80 |
| Chicken Salad | 4.60 | 4.80 | 5.80 |
| Ham Salad | 4.60 | 4.80 | 5.80 |
| Cheese Salad | 4.10 | 4.30 | 5.30 |
| Egg Salad | 4.60 | 4.80 | 5.80 |
| | | | |
| Extras | 0.60 | 0.60 | 1.20 |



| | \$ |
|-----------------------------|------|
| Buttered sesame knot roll | 1.60 |
| Plain sesame knot roll | 1.50 |
| Cheese & bacon roll (plain) | 1.60 |
| Extras: Butter | 0.10 |





Extras available: Tomato, Lettuce, Cucumber, Carrot, Cheese, Gerkin, Avocado and Sun-dried Tomato

Condiments available: Mayonnaise, Cranberry sauce 0.30

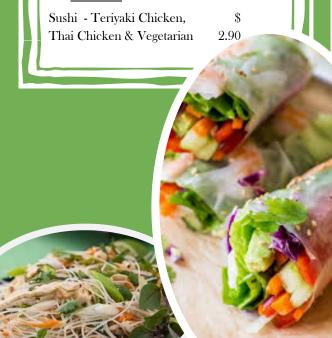
SWEET TREATS

| CAKES | \$ |
|---|---------------|
| Finger bun, buttered | 3.10 |
| Apple bun | 4.00 |
| Muffin-Blueberry, Chocolate, Apple & Cinnamon | 4.20 |
| Berliner-Chocolate, Custard, Jam | 4.00 |
| Doughnut—Chocolate, Strawberry Freckles, Cinnamon | 3.50 |
| BISCUITS & SLICES | |
| Mrs D's Cornflake Cookie | 2.20 |
| Mrs D's Smiley face & Assorted Cookies | 2.60 |
| Mrs D's ANZAC | 1.40 |
| Large Assorted Slices | 3 . 30 |
| Small Assorted Slices | 1.70 |
| YOGHURT, FRUIT & JELLY | |
| Yoghurt | 2.80 |
| Jelly | 1.00 |
| Fruit Salad Packs (Summer only) | 3.00 |
| Apple/Orange (Seasonal) | 1.50 |

SALADS/COLD ROLLS

| (*Only available in Summer) | \$ |
|-------------------------------|------|
| Thai Chicken Salad* | 4.20 |
| Lemongrass Beef Salad* | 4.20 |
| Cold Rolls*—Teriyaki Chicken, | 4.20 |
| Thai Chicken & Vegetarian | |

SUSHI



UNLEY HIGH SCHOOL CANTEEN MENU—2020

DRINKS

| <u>MILKS</u> | \$ |
|---|------|
| Oak—Chocolate, Strawberry 300ml | 2.70 |
| Oak—Chocolate, Strawberry, Egg-Nog, Caramel, Banana 600ml | 3.50 |
| Nippy's Chocolate, Strawberry, Honeycomb, Iced Coffee, Mocha, Banana 375ml | 2.70 |
| Nippy's Choc, Strawberry, Honeycomb, Iced Coffee 250ml | 3.30 |
| Sanitarium Up & Go Energizer—Chocolate 250ml | 2.20 |
| Sanitarium Up & Go-Choc, Vanilla, Strawberry 250ml | 2.20 |
| Sanitarium Up & Go-Choc, Vanilla, Strawberry 500ml | 4.50 |
| <u>JUICES</u> | |
| Nippy's Fruit box—Orange, Apple/Blackcurrant, Apple 250ml | 1.60 |
| Nippy's—Orange, Apple 300ml | 2.20 |
| Nippy's Fruitylicious—Apple/Guava, Apple/Mango/Banana, Pineapple, Multifruit 350ml | 2.50 |
| Nippy's—Orange, Apple, Apple/Blackcurrant, Lemon, Orange/ Mango, Orange/Passionfruit 500ml | 3.00 |
| Nippy's Mineral Water—Lemon lime, Paradise Punch, Apple Raspberry, Orange, Lemon, Portello 600ml ICED TEAS | 2.80 |
| Lipton—Peach, Lemon, Mango, Citrus, Raspberry 500ml | 3.50 |
| Ovi–Lychee, Watermelon, Peach, Berry 500ml | 3.50 |
| | |







Proper hydration does more than just quench your thirst. It has numerous benefits to your health.

- with oxygen and nutrients and carries waste out of the body. Water regulates internal body temperature. Through the process of sweat production and evaporation, one's body can avoid overheating. The blood on the skin surface is cooled, and it carries this cooling effect to the body's interior.

1.20

1.50 2.00

2.70

Nu-390ml Nippy's 600ml

SPRING WATER

Nippy's Pop-top 750ml

Nippy's 1.5lt



UNLEY HIGH SCHOOL CANTEEN



The canteen is open at the blue doors between 8.15 and 8.45 for recess and lunch orders. Drinks and some foods are available at this time. Please note prices are subject to change without notice. Some of our food varieties are seasonal so may not be available at time of ordering.

