



From the Principal

Welcome back to Term 4.

Term three delivered more additions to the school via the capital works with the new three storey building's ground floor receiving installation of the new kitchens and the Design & Technology equipment. In the main building, work continues on the new PACE learning area, International Centre and level three classrooms of the middle arm. The school was closed over the holiday period for demolition of the original Home Economics and Tech Studies buildings. This will make way for the new Covered Outdoor Learning Area (COLA) and renewed landscaping which is due for completion over the summer break.

A big thank you to the staff, students and parents who participated in the External Review of the School. This process checks the school has completed the directions of the previous review (completed in 2017) and sets the directions for the next three years. The final review will be

published on our website after the next Governing Council meeting in week 4.

Year 12 Exams are on our doorstep once again. The students have planned a range of dress up days to celebrate their final week of high school as we move to the Graduation Ceremony on the Friday. Unfortunately, COVID restrictions have again affected the number of invitations so, like last year, students will be able to invite two people to attend and a live stream will allow extended families and friends to watch. Teachers and Year 8 to 11 students will also watch the live stream from their classrooms.

This term will be busy with Primary School student visits to High School as we transition our double cohort of Year 6 and Year 7 students who will become our Year 7 and Year 8 students in 2022. Our middle school team will be welcoming students to familiarise them with our school and reduce the anxiety often associated with such a large change in their school life.

I would also like to thank students and teachers for their excellent work on developing a strong and positive culture at Unley High School. This cultural change focusses on our values of Excellence, Respect, Diversity and Community and will be ongoing as the school expands over the next few years.

Congratulations to Year 11 student Taylor Anderson who has written and published her own Children's book, "Why Don't I have That?" to educate young children about comparison culture and how to accept yourself. News services and media have been very congratulatory of her project. Well done to Taylor.

Lastly I wish all the Year 12 students the best of luck with their exams and final assignments and thank Mr Wood, Mr Watts and all the Year 12 teachers for their work this year.





UNLEY HIGH SCHOOL BECOMES AN IB WORLD SCHOOL!



Unley High School has become the third South Australian state school to be recognised as an IB World School.

Congratulations were delivered in person to staff and students by the Minister for Education: Hon John Gardner MP, Hon David Pisoni MP and Caroline Power MP during a visit to the school.

From 2022, Unley High School will offer the world recognised International Baccalaureate Diploma Program (IB Dip).

It encourages breadth and depth of learning during the rigorous two-year program. Students are encouraged to become active, compassionate lifelong learners.

Further information can be found on the school's website: <https://curric.uhs.sa.edu.au/index.php/the-international-baccalaureate-diploma-program/>

There will be a limited number of places available to students from outside of the school zone.





BOOK WEEK

To help encourage and promote the joy of reading, the Library team organised a range of learning events to celebrate Book Week.

The theme “Old Worlds, New Worlds, Other Worlds” inspired the creation of several displays in the Library, a quiz and a highly successful dress up day on Wednesday 25 August. It was great to see so many staff and students come along and show their love of literacy, reading and community dressed as their favourite characters from books, film or TV.

Best on ground for the dress-up day were the “Old Man”, the “T-Rex” and the “Scooby Doo” squad.



Special staff mentions go to our very own Handmaid, Vicki Holland, Deb Holden as Mary Poppins, Mailyn Thomas as Cho Chang from Harry Potter, Mel Geddie as a “Foxy moron” from Kath and Kim and the Home Economics gnomes. Gold coin donations were also collected for charity to promote literacy development for all children. We can’t wait to do it all again next year!



Sports Update

Badminton

A big CONGRATULATIONS to our Open Girls Knock Out Badminton team, who became back-to-back state champions on Friday 3 September! A fantastic achievement, well done! The team consisted of the following students, across the round games and finals.

Thanks to team coach and Unley High School old-scholar, Matthew Tan, for all of his time and effort coaching the girls and to Mrs Hall for being a fantastic team manager on the day.

Below:

- Dania (yr11)
- Catrina (yr9)
- Michelle (yr9)
- Krystal (yr12)
- Keiyona (yr12)
- Shrishti (yr12)
- Lei (yr12)
- Achsa (yr12)

Orienteering

Congratulations to Year 9 students, Gemma B and Ella B, who came 1st in the junior girls high school SA Schools Orienteering Relay this year!





Stage 2 Outdoor Education

In week 7 this term the Stage 2 Outdoor Education class completed their Self-Reliant Bushwalking camp at Newland Head Conservation Park.

Not only did the students complete the 30km walk along the stunning coast over the 3 days, but on the 2nd day, one group decided to collect beach rubbish along the way and carry it to their next campsite. There was no prompting from anyone just inspiration from one particular instructor on their snorkelling camp in February this year, who urged them to... “be part of the solution, not the pollution”.

– and yes, they carried those two abandoned surfboards for 6km in strong gusty winds!
What a bunch of legends





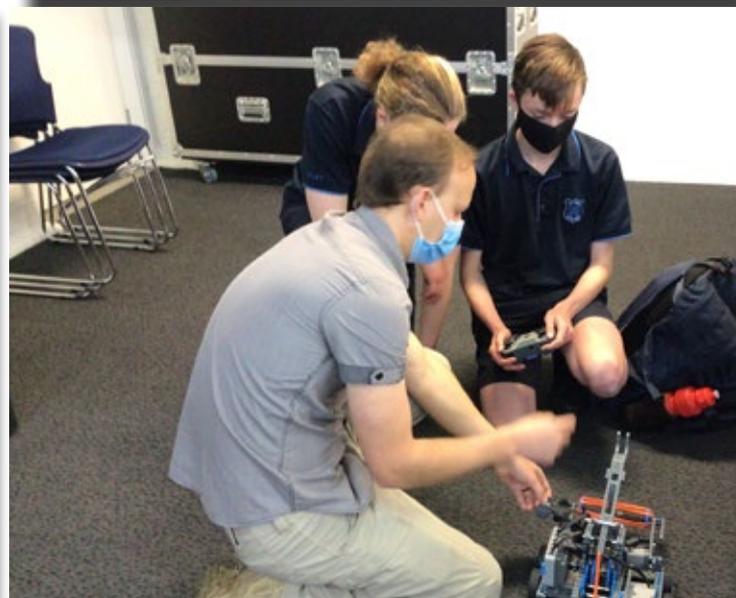
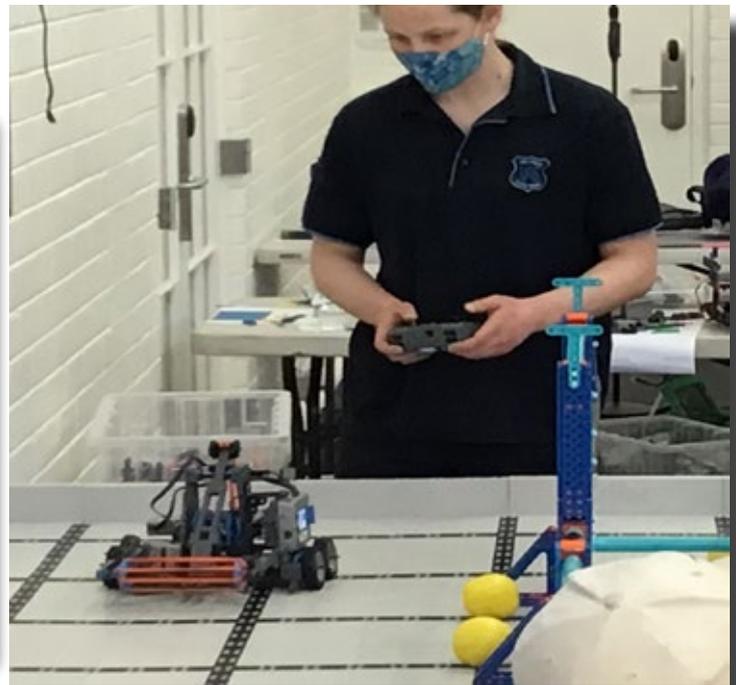
Robotics

On Friday 10 September our Robotics Club participated in our first ever VEX Robotics Competition. 12 teams from around Adelaide converged on Pembroke School for the first face-to-face event in 2021. This was a tremendous opportunity for our students to demonstrate their ingenuity, develop problem-solving and engineering skills, and practice teamwork in a competitive environment. Congratulations to Year 8 students Felicity, Gaius, Lachie, and Peter for their exceptional attitude and great results in this event.

Our UHS "Team A" (Gaius and Peter) placed 4th out of 12 teams in the initial competition round, and 2nd out of 12 teams in the skills test competition, an amazing effort for our first ever competition. This effort has qualified this team for the Nationals competition for the current season. UHS "Team B" (Felicity and Lachie) rapidly developed their skills and improved in each round they competed, and showed excellent fighting spirit.

The robotics club meets Wednesday lunchtimes in room 1108, within the newly opened 3-storey building. New members in Years 8-10 are welcome.

Chris Martin and Brendan Whittenbury





Debating

Unley High School's year 9 debate team, consisting of Thomas, Lewis, and Henry, has had great success in this year's tournament.

After five rounds of the competition, the team found themselves ranked 5th out of 48 and therefore qualified for the quarter finals, held at Nazareth Catholic College.

After a tough debate on the topic 'that space is no place for civilians', including arguments relating to climate change, colonisation of Mars, and space tourism, the team was awarded the debate and progressed to the semi-final.



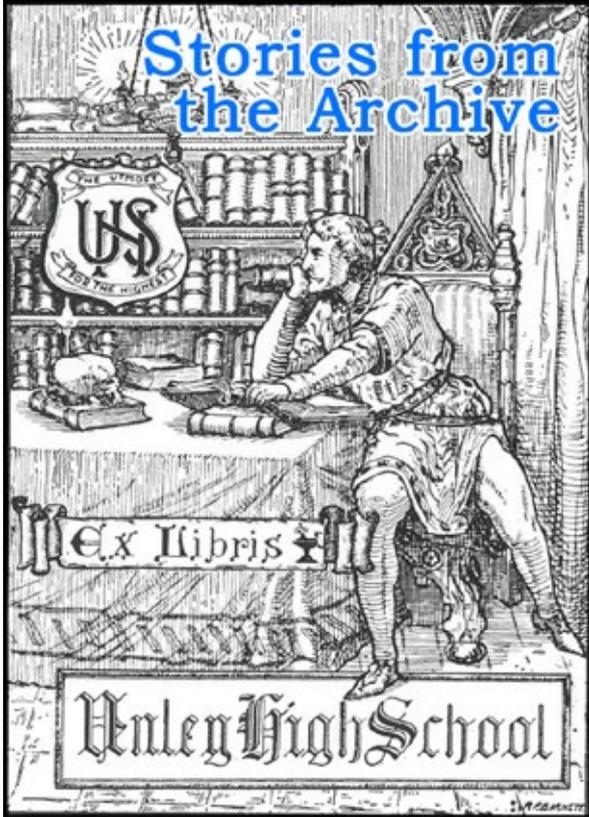
The semi-finals, held on the topic 'that Julian Assange should be freed', had some hiccups for the team, but they once again claimed victory for the debate with their arguments about the need for proper journalistic practices and a fair judicial process.

The team competed against Sacred Heart College in the grand final which was held in the House of Assembly Chamber of Parliament House during the school holidays. Unfortunately Sacred Heart defeated the boys but they did a brilliant job and it was a fantastic experience for the team.





Stories from the Archive



Mystery and meaning of the school motto

Not everything connected with Unley High School’s history is perfectly preserved or easily discovered. For example, the origins of the school’s ubiquitous motto, “The Utmost for the Highest”, does not seem to be neatly recorded in any obvious place.

The earliest example of the motto I have come across is the school magazine’s first issue published in 1919. On the front cover is a gold-coloured school shield crest, with “The Utmost for the Highest” clearly visible. But there is nothing within the magazine about the motto’s creation. Nor in the second or third issues of the magazine.

What does the motto signify and say? It would seem to be roughly synonymous with what we would call “excellence”, and excellence not only in achievement but in effort.

To use a contemporary term, the motto seems to convey the culture that was desired for the new state high school - where the school stood for high standards, where there was an expectation of full effort to strive for those standards, and perhaps where anyone who did not strive was held accountable!

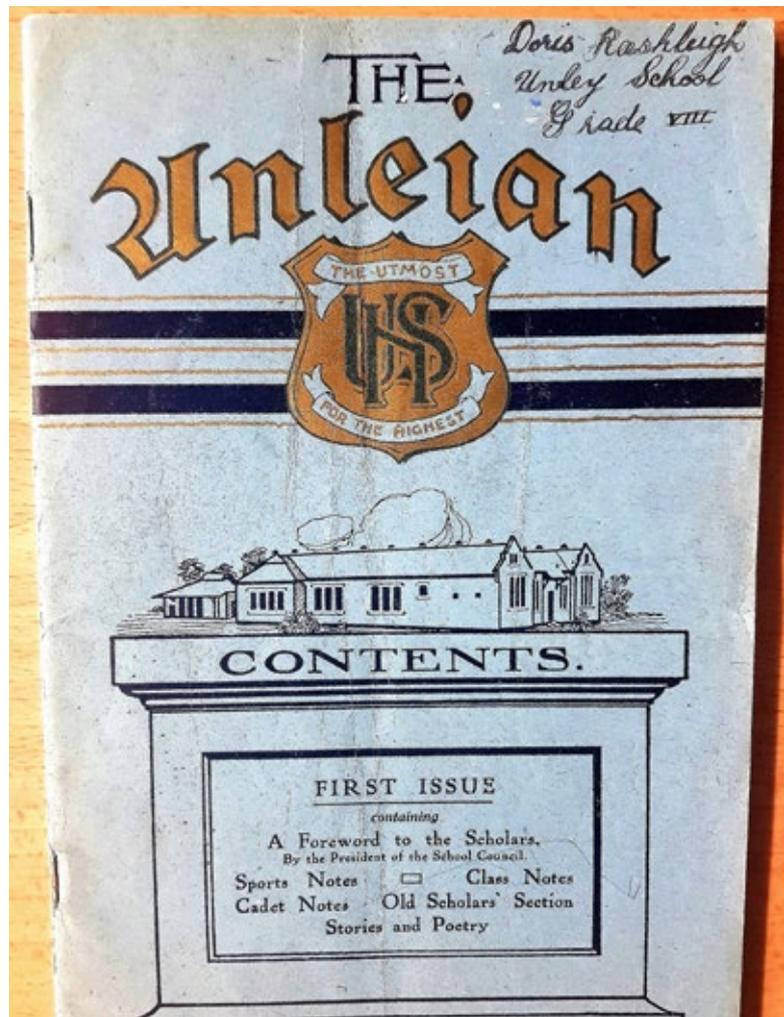
If we consider possibilities regarding its origin, one would be that Unley’s first Headmaster, Ben Gates, at least played a role. We know that Gates, headmaster from 1915 to 1940, highly valued excellence. Ted Smith, Unley’s Head Boy of 1930, who became a young teacher under Gates and eventually Deputy Headmaster in the 1970’s, recalled Gates in this way:

“As headmaster of Unley High School his constant call was for excellence in all things; the sports teams were required to win and win well, the appearance and bearing of the students had to be first rate, the academic record of the school was expected to be outstanding.”

We can be confident Gates at least fully endorsed the motto, or surely it would not have survived his long years in charge.

Proclaiming “The Utmost for the Highest”, Unley High in its early years developed a reputation as one of the foremost among Adelaide’s and South Australia’s new state high schools.

As for the mystery of the motto’s origin, the search will continue.





Unley High School Old Scholars

Old Scholar Goodwin has a great win

The impressive record of Unley High School old scholars on the football field hit a new high last month with the Melbourne Demons' historic AFL premiership.

The club's Senior Coach Simon Goodwin was an Unley High student from 1989 to 1993 and played in school football teams.

Simon is pictured with his Year 10 Unley High team in 1991, front row, second from right.

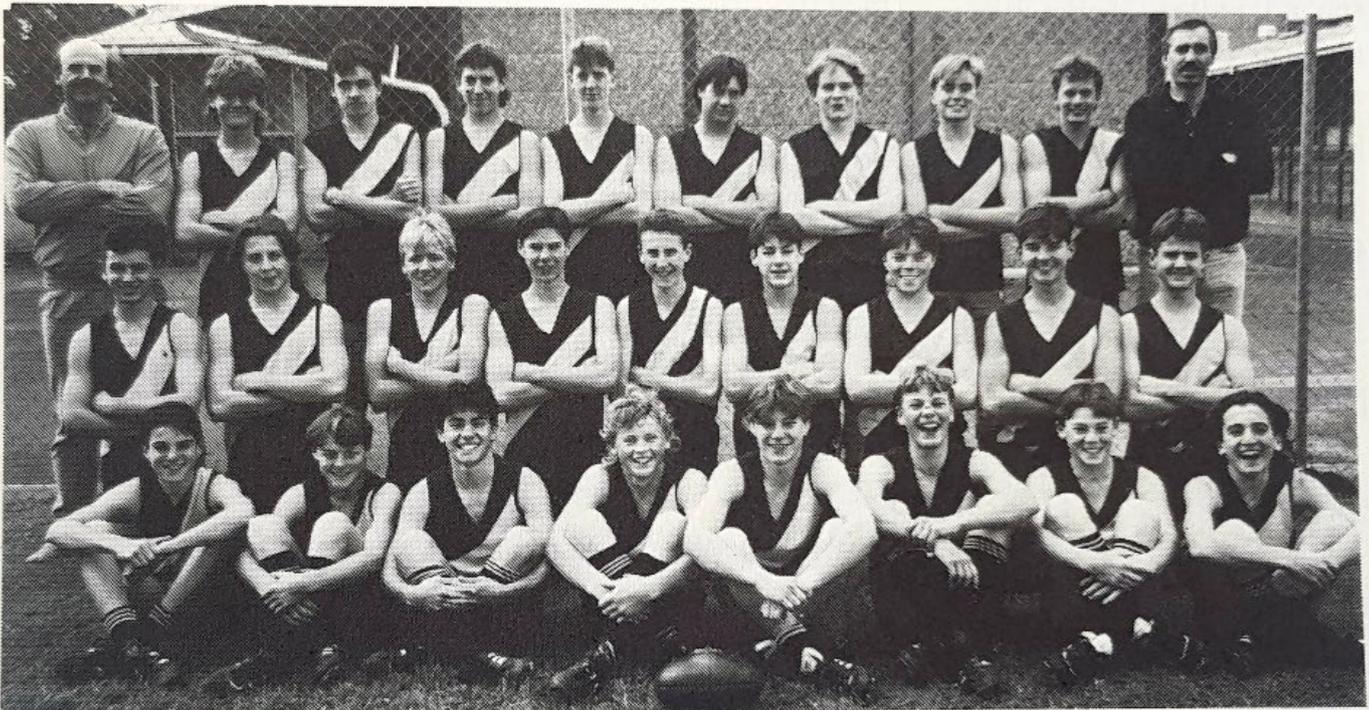
After leaving Unley, Goodwin forged a brilliant playing career, first in the SANFL then AFL, representing the Adelaide Crows in 275 games from 1997. During his time there the team won two premierships (back-to-back in his first two seasons) and he gathered many individual honours including club captaincy and selection in five All-Australian teams.

Goodwin's coaching career began in 2011 with Essendon, the year after his retirement as a player. He switched to Melbourne in 2014 and has been Senior Coach since 2017.

In five formative years at Unley High, Simon was in – 8JE46 (1989), 9AS46 (1990), 10C52 (1991), 11E03 (1992) and 12E39 (1993).

Stephen Murphy

School Archivist and Old Scholar



YEAR 10 FOOTBALL

B: R. McCaesaricz (Manager) , A. Watts , C. Sutton , B. Young , J. Coombe ,
A. Goodfellow, P. Van Ruth , D. Hibberd, B. Lewis , H. Dabrowski (Coach)

M: L. Fantis , J. Kingston , B. Humphrey , N. Korotkov ,
J. Clayton , M. Dabrowski , R. Stargatt, C. Alksne , T. Davis

Sitting: D. Heath N. Ley D. Pipicella R. Wyld T. Hunter T. Forrest S. Goodwin T. Dragani



Greek Spring Dance

This year marked the 200-year anniversary of the Greek Independence from the Ottoman empire. This was a pivotal event for the Greek community and is celebrated by Unley High School students. On the 24th of March, the students performed the Greek traditional dances - Kalamatiano and the Hasapiko.

In term 3 the students then started to practice for our annual Greek Spring Dance, hosted by the Greek Parents Committee. However, due to Covid-19 restrictions the event was unable to proceed. Instead, in collaboration with the Greek teachers and the school itself, the students created a spectacular lunchtime performance. Year 12 students, Eleni, Dimi and Demi organised the dances, with the help from the year 10 students. This event was filled with heartfelt speeches from the Greek teachers and a warm welcome by the Principal, Greg Rolton. The students were separated into three dance groups, with the year 8's performing the Kotsari, the year 9/10's performing the Pentozali and the year 12's performing the Zorba. We were also fortunate enough to have Peter (year 10) perform on the bouzouki while the students danced.

We would like to say a special thankyou Eliana Mappouridou-Hockley, Kathy Xanthis, Vicky Holland, Sophie Aitken, Michelle Steele and Christopher McWhirter-Whitlock who all played a part in the lead up to and the day of the event. Overall, the day was a complete success and we are immensely proud of the dancers. Opa!

Eleni and Dimi, Greek Dance Teachers.





Greek Spring Dance



Unfortunately, the annual Greek Spring Dance was not held due to COVID restrictions. On a happier note, we must acknowledge that this didn't dampen the spirits of our wonderful students and their teachers, Eliana Mappouridou-Hockley and Kathy Xanthis, who decided to organise a performance for our school community on Thursday 16 September 2021. The student performances on the day were lively and entertaining! We especially wish our year 12 performing graduates best of luck for their exams and future endeavours. There were many individuals that worked on this event so we offer a heartfelt thank you to all the staff and students who either performed or helped behind the scenes.

Ourania Ntafillis
Chairperson, UHS Greek Parents' Committee





2021 Adelaide International Student Awards

Thursday 14th of October saw the 2021 Study Adelaide International Student Awards held at the Adelaide Convention Centre. The ceremony was presented in a blended fashion, with a number of invitees and award recipients present, whilst others awaiting their post pandemic return to Adelaide for face-to-face learning, received awards via Zoom from their home countries.

The International Student awards are designed to recognise both outstanding academic achievement and community engagement, and were presented by the Her Excellency the Honourable Frances Adamson, Governor of South Australia and Sean Keenihan, Chair of Study Adelaide.

The awards were for International Student of the year and Highly Commended for the following categories:

- Post Graduate Research
- Post Graduate Coursework
- Undergraduate
- Vocational Education and Training
- High School (Government, Catholic and Independent)

It is with great pleasure that I inform you that the Study Adelaide International Student Awards saw a student from Unley High School not only win the International Student of the Year Award, but also the Highly Commended Award for the High School Category.

Congratulations to both Duc Tuan Kiet (Chris) Bui and Shuhua (Krystal) Zhong!





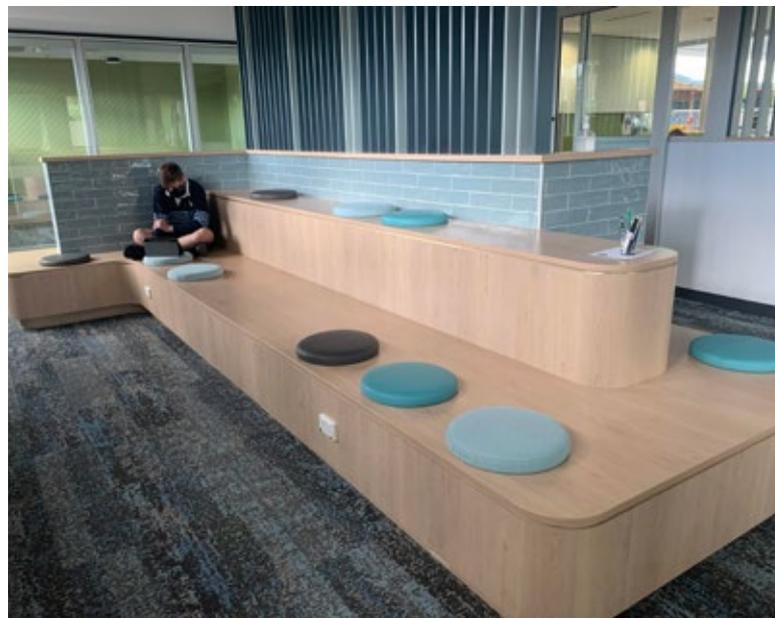
Welcome to the new Wellbeing Centre. Come and visit.

In week 8 of last term the Wellbeing Team moved into our new space. It is warm, comfortable and open to anyone in the school. Our Student Wellbeing Leaders, Jamin Lee and Lynn Charlesworth, and our Pastoral Care Worker, Chris McWhirter-Whitlock are all based there. Adam Wallace is also using a spare office while he waits for other building works to finish. He is creating the UHS timetable for 2022.

The purpose of the Wellbeing Centre is to provide a place; where young people can be cared for, where families can come and discuss the wellbeing and future pathway needs of their children, and where teachers can discuss how they can best support students to learn.

We now have room to provide many services we could not before. There is plenty of comfortable seating for those students who need some quiet time. There are two meeting rooms with the larger having lots of potential for flexibility. Our plan is to fill these meeting rooms with Student Voice groups, classes (Drama has already spotted a wall that would work as a green screen), visiting education workers, and other wellbeing professionals.

Keep checking the newsletter for future announcements about the Wellbeing Space.





New Pastoral Care Worker



Hello!

My name is Chris McWhirter-Whitlock. I am the new Pastoral Care Worker at Unley High School. I've always enjoyed connecting with people, whether it be outdoors or indoors, high energy or low energy. I'm keen to act in a supporting role for students across the year levels, providing whatever support is necessary.

Whether it's having serious conversations about life or just playing a game of cards to help distract from a rough day. I'm also getting involved in several clubs to get a feel for what the students are connecting with to see where I can help out. Already I've been taught a Greek dance, been orienteering, and got beaten in badminton by our state champions.

When I'm not at the school I'm refereeing roller derby, watching Buffy the Vampire Slayer, and playing Super Smash Brothers with my brother. I've also been reading through Batgirl comic compilations which I've recently started accumulating.

If you see any bears wandering around the school looking lost, they're probably mine.

We have a series of emotional support bears who are hanging out in the wellbeing centre, getting lost in the art rooms, or being taken on adventures around the school yard with some human student friends.

I hope to see you around! I'm excited to be a friendly face around the school that can provide support for the school community. I am based in the Well-being Centre Tuesday- Thursday each week.

Welcome to the New English office.....

A small succulent plant greeted each of us at our new desks in our brand new English office on the middle floor of the new three storey building. Most of us moved in two weeks ago and so we are now gradually settling in to our new surrounds. Having all the English staff located in one office means that we are able to celebrate staff birthdays during recess as well as providing opportunities for collaboration and sharing of resources. Wednesday afternoons is often the time when the office is buzzing with the advantage of being located together in this brand new building.

Jenny Brisbane





UNLEY HIGH SCHOOL



Government of South Australia
Department for Education

Unley High School - 0797		
Notice of Materials and Services Charges for 2022		
Notice of Charges for Years 7 - 12		
HEADING	ITEMS AND SERVICES	COST (\$)
Printed and electronic materials related to the educational program and which are provided for the student	Workbooks	\$0.00
	Text Book Hire / E-Book Access	\$57.00
	Photocopied Material	\$55.00
	SUBTOTAL (ZPREM)	\$112.00
Stationery items that are provided for the student	Stationery Items	\$0.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	SUBTOTAL (ZSTAT)	\$0.00
Materials and Services that are provided by the school for the student to consume or use the materials or take ownership of a finished article produced by the student with the materials	Access to Student Information Technology	\$268.00
	Access to Machinery	\$0.00
	Access to Equipment	\$55.00
	Curriculum/Subject Supplies and Services	\$370.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
SUBTOTAL (ZACMS)	\$693.00	
Materials for inclusion in the school library and to enable use by the student	Library resources including access to borrowing library resources	\$25.00
	SUBTOTAL (ZACLI)	\$25.00
Total Materials and Services Charge (excluding Subject Charges)		\$830.00

Verified as complying with
Education and Children's Services Act
2019 Section 129



DONATE



HELP DONATE TO CATHERINE HOUSE

Catherine House provides accommodation and support services for women experiencing homelessness in South Australia.

Please help and support this organisation by donating any of the following items in one of the three bins located inside the library, student services and staff room for the first 2 weeks of term 4

Toiletry items

- Shampoo and conditioner (pair)
- Deoderant (spray preferred)
- Body wash/shower gel
- Body lotion/moisturiser
- Facial moisturiser
- Face wipes
- Cotton tips/pads
- Hair brush/ties
- Dry shampoo
- Hand sanitiser

Underwear

- Underwear (all sizes)
- Bras (all sizes)
- Socks

Miscellaneous Items

- Gloves
- Umbrellas
- Sun hats
- Sunglasses
- Thongs

All items being donated need to be brand new and unopened. any toiletry items need to be full standard size (not mini/hotel sized items)



UMS

2 PACK NAVY FACE MASKS

\$19.95

ORDER HERE 

<https://umspl.com.au/collections/unley-high-school>



AVAILABLE NOW



Who's in Charge?



Does your child hurt or intimidate you?

Do you feel you are losing control?

Want to handle conflict better?



Reclaim respect and calm in your family

The **Who's in Charge?** group is an 8 week program for parents or carers of young people (8-18 years) who are beyond control, violent or defiant. This is a **FREE** program.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

Commencing:

Thursday, 21st October 2021 for 8 weeks, from 9:30am to 12:00pm

Where:

The Parks Library, Community Room, 46 Trafford Street, Angle Park, 5010

An initiative of Reconnect, City of Port Adelaide Enfield and Junction Community Centre

Enquiries and Referrals:

Trevor: 8405 6862 / Centacare: 8215 6700





COMMUNITY NOTICEBOARD



COLONEL LIGHT GARDENS *Centenary* EXHIBITION



A special historical interpretive and photographic exhibition celebrating 100 years of Colonel Light Gardens. Featuring large-scale images, pull-up story boards and paraphernalia along with 'then and now' photos capturing the history of this 'modern garden suburb'.

October 1st–31st, during Library opening hours.



WW1 Mitcham Army Camp Exhibition and Talk

Life-sized displays, historic images and banners depicting camp life. Presented by The Barossa Light Horse Historical Association.

Saturday 16th & Sunday 17th October, 11am–4pm

Author Gavin Scrimgeour talks about his book *'From Here They Marched the Mitcham AIF Camp 1914–1918'*

Saturday 16th & Sunday 17th October, 2.30pm–3.30pm (bookings essential)

Colonel Light Gardens: 100 Years of a Model Garden Suburb

Speaker Dr Christine Garnaut, author of the book *'Colonel Light Gardens: Model Garden Suburb'* presents an illustrated talk that outlines the suburb's origin; its foundation, evolution and development by the SA Government as a model garden suburb in the 1920s.

Tuesday 26th October, 7pm–8pm (bookings essential)

ALL EVENTS HELD AT THE MITCHAM MEMORIAL LIBRARY
154 BELAIR RD, HAWTHORN

Bookings are essential for both of the author speaking events through
www.mitchamcouncil.sa.gov.au/CLG100

The Newsies

— Week 1 October —

The latest news regarding UHS and the world! Let's get *write* to it.



—SEASON OF SUCCESS FOR UHS YEAR

12 NETBALL TEAM • •

Written by Karina Heinson

Source(s): Ashleigh Miller

The season was one of talent, training and well-earned achievement for our Year 12 netball team. After a successful Year 11 campaign in the B2 division, resulting in a premiership for Unley High School, this group of 10 talented girls, brought the heat in the early rounds of the 2021 tournament, and were consequently promoted to the B1 division a third of the way through the season. Unfazed by the heightened competition that came with this promotion, the girls enjoyed the luxury of indoor courts, weekly games at different school venues, and the opportunity to play against highly skilled opponents.



Throughout this journey dedication was the driving force that led the team to its many victories. Coach and UHS staff member Ashleigh Miller writes “The girls committed early Friday mornings to training, increasing their ability as

individuals and a team to make space on the netball court and to present strong leads towards the ball.”

This certainly gave the team an incredible advantage as they progressed to the semi-finals, and then straight through to the grand finals themselves. Again Miller writes, “The ability of the team to adapt to playing stronger opponents, and to improve their skills in both communication and defending down the court, resulted in enormous achievement.. All of the early morning training paid off in the nail-biting semi-final win by 1 goal in extra time. The improvement of each player was clear to witness and each girl should take pride in the achievement of making it to the big dance in a much tougher division.”

Unfortunately when it came time for the grand final the Unley High School Netball Team went down to a worthy opponent however the dedication, effort, talent, and progress throughout the season was nothing short of a victory itself.

Congratulations again to the Year 12 team for wonderful effort and achievement this season, and we wish you all the best in the rest of your netball careers.

—NEO TEEN , ,

Written by Sofia Leo

Source(s): NEO AGSA

In the Unley High community, there are many creative students that have a passion for one or multiple arts. Neo Teen is a visual art based event that is great for these students!

Neo Teen, mostly called Neo, is an event that is held at the Art Gallery of South Australia every 2 months. Each event has a different theme, and many great activities are held. There are also young musicians performing live. The event is for teenagers only: 13-17 year olds. You need to book a ticket in advance to get in, which is free, on the AGSA website.

I decided to attend the most recent event, which was on Saturday night, the 14th of August. This time, the theme was ultra violet: bright and popping colours, glowsticks, neon lights - and art. One of the notable aspects of this Neo event was the 2021 Neo SALA (South Australian Living Artists) exhibition for teenagers. The theme of the exhibition was also ultra violet, and I submitted an artwork to be displayed. This exhibition was a great opportunity for teens to be creative and test their artistic minds and skill sets. It was displayed online and briefly in the gallery.



Throughout the night, there were many different activities that I participated in. Many of them involved drawing and

creativity, which was fun and engaging. By the end of the night, my peers and I had drawings and other creations, a reel of photo booth pictures and some great memories.

—OLYMPICS INSIGHT , ,

Written by Rilya Sajith

Source(s): BBC

The Olympics scheduled for 2020 had been postponed next year due to COVID-19, and it was indeed a year to remember. The Tokyo Olympics took place from July 23 to August 8. The tournament featured 33 sports, 339 events across 49 venues, with 10,305 individual athletes participating. This year, America won by achieving 113 medals in total, followed by China in second place with 88 medals and Japan in third with 58 medals. However, when the Olympics came to a finish, it caused more problems.

Before the event took place, many people were debating whether the tournament should happen or not. Announcements from Japanese citizens said that the Olympics would be risky as people could get infected by the virus, and it had a large wave of 848,222 cases on July 21. Most people wanted the Olympics to take place, while some disagreed due to the risks of COVID. There was a contract between the IOC and the host city, Tokyo, suggesting they cancel the event. Since most people desperately wanted the event to occur, the decision was final. IOC Thomas Bach insisted the Games should continue to "give hope for the future". Tokyo 2020 committee Toshiro Muto said he'll look out for any infection numbers and hold discussions if necessary.



The Olympics took place under strict COVID restrictions. Global vaccinations became mandatory for athletes as well as coaches. However, their procedures of having a safe and secure game failed. Around 91 people have been tested positive, and there have been conflicts, complaints and protests about the IOC. Many people blamed Bach for causing this as the event only brought more harm to Japan and the people. Athletes have now returned to their home countries and are currently remaining in quarantine.

—CULTURE CHANGE FORUMS , ,

Written by Tamara Jakovljevic

Source(s): Author's own participation at each event from the beginning, two staff members orchestrating at workshops

A school's culture defines the atmosphere in which student's interact with one another and staff members, as well as the overall attitude towards learning and social groups. In the past weeks, the culture forums at Unley High are slowly but surely developing unique and informative ways to better change the culture at school. A team of 60 or so students accompanied by teachers meet together to discuss what are the major issues recurring within the school's walls and what are the best ways to approach such delicate matters. The first workshop that was run involved powerful voices speaking forward about their own experiences.

The atmosphere was inclusive and as many chose to speak up, everyone was reminded that there are certain things that need to be changed immediately and some with time. Through such workshops and the helpful insights from the teachers, our last meeting constructed a list of affairs that would be addressed and altered. Such items like derogatory language towards female students, verbal harassment during break times and speaking out on personal stories will be brought forward and presented as soon as possible in order to make Unley a safe and enjoyable community for students and teachers to work together.

If you are interested in participating in the change of culture at Unley or if you have a story about your own personal experience of unfair standards, keep a watch on your emails

for our next meeting in which we will be discussing where these matters will take us.



As Ms Forster says, "I am inspired by the number of students who are willing to take part in the forums and are wanting to find ways to move forward with changing the culture of the school. It has been fantastic to listen to the student ideas and be able to include these contributions in a meaningful way. We have begun the process of establishing specific focus groups which will meet on Friday with the intention of these being more student led."

Another added, "We all want our students to play a pivotal role in developing and implementing an inclusive school environment centred around our core school values of respect, diversity, excellence and community. Regularly involving our students in this reshaping process is vital, as it will ensure that the school can adapt to the constantly changing attitudes and expectations of society."

—CHAMPIONS OF THE DIVISION: YEAR 8 AND 9 GIRLS FOOTY TEAM , ,

Written by Lucia Nippress

Source(s): Felicity Cox

Unley is very proud of their motto, "The utmost for the highest." Well the year 8/9 footy team achieved this, by winning the Grand final for their division! They fought hard and battled to the end, coming out on top victorious. The Unley team versed Glenunga International High School, on the Unley High School oval. The atmosphere at the oval was ecstatic.

The parents, the teams, the coaches were nervous and excited about what the game would foretell. The weather was optimal with clear skies and sunny, although the oval was muddy which may have affected the overall performance of

both teams. When the first quarter ended with Unley being in front and stayed like that all the way through to half time. When the second half started it was evident that both teams were exhausted, but determined to bring home the win for their schools.



The Unley girls won however, after cutting it pretty close towards the end. The team captain, Felicity Cox (Year 8) said after the game that, “The team went quite well at the start, but began to become tired towards the last quarter, which may have affected how we played in the last quarter.” However, that didn’t matter seeing as they came away with the win. Congratulations to the team!

🌻 —YEAR 11 NETBALL FINALS , ,

Written by Annabelle Rundle

Source(s): N/A

After a long season, our year 11 netball team fought hard in their finals last Saturday. They played well and put in a lot of effort, but unfortunately didn’t come away with a win. The excellent players from the game were Chloe Armour, Hayley Jones, Chloe Porter, Nathasha Lazarus, Elena Theodoulou, Alex Ploenges, Scarlet Puopolo, Ashleigh Powell and Lucy White, and their coach, who guided them through the season, is Hannah Armour. Congratulations to the team, you put a lot of effort into the game and Unley High School can’t wait to see how next year's final goes.



Other General News

Written by Achsa Binu George

In all honesty, exams can be really stressful and everyone handles them differently. Since exams are just around the corner, especially for our yr 12 students, the Newsies put together some study tips and exam day tips. Don’t forget, you can always ask for help from your teacher and fellow students.

STUDY TIPS

- Create a study/revision schedule

Constant revision is the best way to ensure the retention of knowledge. You should set aside some time every night for revision of previous work. This should happen after your homework as homework will be the first priority.

- Take breaks

You are better off taking a break and coming back to it later. Ensure break times are allocated in your revision and study schedules. Also, take a break from social media and your phone.

- Test yourself

As part of your revision and study schedule, ensure you spend time doing examination style questions. Practising under exam conditions can have you better prepared

- Analyse mistakes and seek feedback

Take the time to go over your task and identify where you made mistakes or fell short in a response. Read the feedback provided by the teacher and, if necessary, ask for more.

EXAM TIPS

- Get Good Sleep

Staying up late to 'cram' is never a good idea. Stop revising at a point that gives you time to calm down, then go to bed at a decent time.

- Stop and reset

If your mind goes blank during the exam, do a simple breathing exercise to focus yourself. Start by answering that, to bolster your confidence, then move on to the trickier stuff.

- Focus on you

Don't focus on what other people are doing in the exam hall.

- Move on

Don't keep re-living the exam when it's over. You've done what you can and you can't change anything now.



Diary Dates

Term 4

October 11	First Day Term 4	
October 22	Year 12 Graduation Ceremony	
October 25 - 29	Year 10 Work Experience week	
November 1 - 15	Year 12 Exams	
November 2	Governing Council meeting	7:00pm
November 9	Parent Voice meeting	6:30pm
November 22 - 26	Year 11 Exams	
November 26	Last day for Year 10 & 11 students	
November 30	Governing Council meeting	7:00pm
December 2 - 3	Year 6 & 7 Transition days	
December 10	Last day of term - Early dismissal	12:30pm



Parents of Year 12 Students – Dates for your Diary

Save the Date for our Year 12 Graduation Ceremony.
Friday morning on **22 October, 2021.**

The Graduation Ceremony will be held in the George Creswell Hall runs for two hours.
You can watch the Live Stream on our website.

As part of our ongoing commitment to the environment, all Newsletters are published on our school website. Hard copies are no longer issued to students unless specifically requested. To ensure that you stay informed of our school activities, newsletters and announcements you must register to be notified of new information posted on our website. Visit www.uhs.sa.edu.au click on Announcements and then complete the email subscription request. If you are unable to access our website, please write a brief letter which includes your student's name, Home Group and your signature, then pass to your student's Home Group Teacher. Arrangements will then be made for you to receive a hard copy.



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