

2024 Special Interest Rowing Application Information

Special Interest Rowing Overview

The Unley High School Rowing Program is one of the largest rowing programs in South Australia, offering rowing to over 140 students in Years 7-12. Complementing our School Rowing Program, the School provides the opportunity for Students to extend their participation in rowing through the *“Health & Physical Education - Rowing”* Class.

The *“Health & Physical Education - Rowing”* Classes follow the Australian Curriculum Standard for Health and Physical Education with a primary focus on Rowing but do also include a variety of non-rowing topics (i.e Mental health, SHINE, etc.).

At Year 7/8 level the classes serve as an introduction that allows students to try out rowing and begin learning the basics of the sport. As they progress through the years, they have an opportunity to develop their skills and advance in the sport. The 3 rowing lessons each week generally consist of 1 theory, 1 fitness and a double practical rowing lesson at the Torrens. The lessons are matched to the Australian Curriculum Standards for Health and PE.

The *“Health & Physical Education - Rowing”* Classes have a selective entry process run through the Year 6 Special Interest Rowing application process. This process is managed by School Leadership and allows for in- and out-of-zone students to apply for enrolment in the Class. This Class will have a maximum intake of 23 students at Year 7 in 2024.

Acceptance into this program requires a high commitment to be successful in the curriculum aspect of the program which will continue until the end of Semester 1 of Year 10.

Details about the selective entry criteria, the enrolment process and the timelines are available below.

Subject Fees

The Subject Fee applicable to the *“Health & Physical Education - Rowing”* is \$550 for 2024. This charge covers all compulsory elements of the course, including the cost of consumables, coaches, transport, minor equipment (repairs and replacement) etc.

Please note that these fees do not include the fees associated with participation in the Rowing program.

Further information

For further information please contact the Rowing Manager (Daniel Ralph) via email at dl.0797.rowing@schools.sa.edu.au.

Application and Selection Timeline

Monday February 27, 2023 (Week 5, Term 1)	Applications Open
Thursday April 6, 2023 (Week 10, Term 1)	Come and Try Rowing Sessions commence
Tuesday May 9, 2023 (Week 2, Term 2)	Come and Try Rowing Sessions conclude
Sunday May 21, 2023 (Week 3, Term 2)	Application form deadline
Tuesday May 23, 2023 (Week 4, Term 2)	Letters of offer distributed

Selection Criteria

Prospective students will be selected based on the following.

- Attendance at Unley HS Rowing Information Presentation (refer to the schedule below)
- Attendance at three or more Come and Try Sessions (see overleaf) demonstrating
 - A willingness to learn,
 - Active participation in the session,
 - Basic fitness and hand-eye coordination
- A recent school report
- Reference from current Primary School Teacher (Unley HS will make contact with teachers where necessary)
- Completion of the questions on the application form

Come and Try Sessions

Students are asked to attend at least 2-4 of the Come and Try sessions at the Unley High School Torrens Boatshed ([located here](#)).

These sessions will include.

- Practical on-water experiences under the supervision of Unley HS coaches and rowers
- Introduction to rowing terminology and boat-handling processes

Students are asked to arrive in suitable clothing for physical activity to their nominated sessions.

To nominate for one of these sessions please use the [form here](#).

Thursday April 6, 2023 (Week 10, Term 1)	8:30-10:15am @ the Torrens Boatshed
Thursday April 13, 2023 (Week 11, Term 1)	8:30-10:15am @ the Torrens Boatshed
Wednesday April 19, 2023 (School Holidays)	4-6pm @ the Torrens Boatshed
Wednesday April 26, 2023 (School Holidays)	4-6pm @ the Torrens Boatshed
Tuesday May 2, 2023 (Week 1, Term 2)	8:30-10:15am @ the Torrens Boatshed
Tuesday May 9, 2023 (Week 1, Term 2)	8:30-10:15am @ the Torrens Boatshed

If you are unable to attend a nominated session OR cannot attend any of the sessions above, please contact dl.0797.rowing@schools.sa.edu.au.