The Utmost for the Highest



NEWSLETTER 2

May 2023



From the Principal

Welcome to the start of Term 2. Following is a wrap of a very busy Term 1 at Unley High School.

Congratulations to O'Donoghue House for becoming back-to-back Sports Day champions. This issue of the Newsletter carries photographs and articles from a great day weather-wise and a great day participation-wise. Well done to all the students who dressed up and enjoyed the competition and games.

Also, congratulations to the 120 students who competed at a very successful Head of the River regatta. Also a big thank you to the parents and the Rowing Club for supporting our students on the day and at the Head of the River dinner. Well done to the five crews who brought home medals.

Thank you to our Archivist Stephen Murphy for another article in this Newsletter focusing on before and after photos and stories from Unley High School's past.

It was good to hear from Adelaide University confirming that last year's Head Prefect Isaac Covington-Groth has accepted the Adelaide University Principals Scholarship he was nominated for by Unley High School. We wish Isaac all the best with his future studies.

I would also like to ask a favour of our school community. As Term 2 brings the cooler weather I would like all students to stay warm but remember to comply with the school uniform.

Greg Rolton



Greek Independence Day celebrations





Sports Day

Unley High School's annual Sports Day was run on Friday, March 10. Once again this event turned out to be a fantastic day with students competing in the traditional athletics events offered, and having lots of fun in the side novelty events run on the day also. Competitors from the five houses all participated with positive attitudes and fantastic competitive spirit.

It was great to see so many parents in attendance this year as 2023 sees the school getting back to operating more like pre-covid times.

Thank you to all the staff and students who helped to make the day a success.

Competition Results for 2023:

1st Place – O'Donoghue House (Back-to-back winners in 2022 & 2023) 2nd Place – Gillard House 3rd Place – Halbert House 4th Place – Smart House

5th Place – Vincent House

UNLEY HIGH SCHOOL SPORTS DAY PERPETUAL SHIELD

Congratulations to the following students who broke school records:

Year 7 Girls

100m – Ava Adcock – 14.31 400m – Ava Adcock – 1:10.12 800m – Eden Grant – 2:59.83 1500m – Eden Grant – 6:23.59 3000m – Eden Grant – 13:16.76 Long Jump – Lani Reeves – 3.88m High Jump – Zienna Wilkens – 1.31m

Year 7 Boys

200m – Aleks Boruc – 29.39 400m – Aleks Boruc – 1:06.74 800m – Aleks Boruc – 2:29.47 1500m – Aleks Boruc – 5:07.36 3000m – Aleks Boruc – 10:26.49 Long Jump – Aleks Boruc – 4.15m Discus – Charlie Ross – 23.20m Javelin – Logan Crowhurst – 20.48m

Year 10

200m – Jade Dinan – 28.39 800m – Jade Dinan – 2:31.28







Sports Day



Congratulations also to the following students who were Individual Championship winners - best girl and boy competitors (named respectively) in their year levels:

- Year 7 Ava Adcock & Aleks Boruc
- Year 8 Luciann Tinsley-Smith & Mitchell Stephens/Lachie Gray
- Year 9 Olivia Durham & Ciaran Kean
- Year 10 Zara Tinlsey-Smith & Mohammad Abazly
- Year 11 Addison McLeod & Brodie Martin
- Year 12 Lola Payne & Daniel Steel

Aaron Struck

Faculty Leader – Health & Physical Education







Rowing News

It is with great pleasure that we share with you the results of the Unley High School Rowing Program at the Head of the River Regatta on Saturday, March 18.

Our students have been working tirelessly for months, improving their technique, building their fitness, and their efforts paid off in a big way. We had a total of 22 crews competing across various divisions, and six of our crews finished on the podium.

We are proud to announce that the Schoolgirl 10 A Crew of Georgie T, Felicity C, Eleanor N, Scarlett S, and Brookie P won their event, bringing home our first win in over five years. This is a remarkable achievement and a testament to the hard work, determination, and passion of these young women. We commend them for their unwavering commitment and congratulate them on this incredible success.

In addition to this victory, four of our other crews finished on the podium in their respective divisions. This is an incredible accomplishment and a reflection of the strength and depth of our rowing program. This includes the following crews:

- Schoolgirl Yr 9 C Coxed Quad (2nd) Lilli D, Etta I, Emma I, Charlotte H, Addi B.
- Schoolgirl Yr 8 B Coxed Quad (2nd) Zoe A, Grace G, Addi B, Charlotte H, Lachlan T
- Schoolgirl Yr 10 B Coxed Quad (3rd) Emma D, Emma L, Matilda G, Claire E, Theisha H.
- Schoolboy Yr 8 A Coxed Quad (3rd) Mitch S, Ari L, Blaine R, Anton E, Lachlan B.
- Schoolboy Yr 8 B Coxed Quad (3rd) Zac M, Lachlan T, Angus A, Ollie F, Charlotte H.

We are incredibly proud of all our rowers, who represented our school with distinction and achieved such fantastic results. We would like to congratulate each and every one of them for their hard work, dedication, and sportsmanship. We would also like to thank our coaches and support staff, who have worked tirelessly behind the scenes to prepare our teams for this event.

Finally, we would like to acknowledge the support of our school community, whose enthusiasm and encouragement have been instrumental in our success. We appreciate your continued support and look forward to sharing many more successes with you in the future.









Rowing News

We are thrilled to announce that the Unley High School Rowing Program has delivered an outstanding performance at the Australian Rowing Championships held in Perth earlier this month. The team's hard work, dedication, and determination paid off with six top 10 finishes in the country - an exceptional achievement.

The U17W team deserves a special mention for their remarkable performance. They secured top 10 finishes in four events including the 1x, 2x, 4x+ and 8+ (8th, 10th, 8th and 9th respectively). Their outstanding performance is a testament to the exceptional talent and hard work of the team and their coaches.

In addition we are proud to announce that Jasper B, one of our Year 12 rowers, won the Silver Medal in the U19M4x in a composite crew with rowers from Victoria and New South Wales. Jasper also finished 6th in the country in the Schoolboy Single Scull, highlighting his exceptional ability.

We would like to extend our heartfelt congratulations to all the members of the Unley High School Rowing Program who competed in the Australian Rowing Championships. Your hard work and dedication have paid off, and we are incredibly proud of your achievements. Your success is a testament to the exceptional talent and commitment of our student-athletes, coaches, and the broader Unley High School community.

Daniel Ralph Rowing Manager









Interschool Athletics

On Monday, April 3, approximately 75 students represented the affectionately known Unley 'Antelopes' Athletics team, in the annual Secondary School Sport SA Inter-School Athletics Championships at SA Athletics Stadium. This year there was plenty of excitement with the newly updated SA Athletics track and an eager team who trained hard in the lead up to the day.

The students represented the school extremely well and demonstrated our values of respect, community, and excellence as they competed in all their events. A huge congratulations must go to all participants for the way they competed. In what was a fun and enjoyable day, the boys team finished in 2nd place and the girls in 3rd, combining to finish in 2nd place in the overall school standings. This terrific achievement for the students means Unley High School will move up a division to B grade next year, something the students are very excited about already!



Tom Keough Head 'Lope



Boys Event Winners

Miles Knight-Smith - U13 Boys 100m
Isaac Winther - U14 Boys 100m
Daniel Steel - Open Boys 1500m
Kosta Kontopoulos - U16 Boys Shot Put

Lachlan Wisniewski - Open Boys 2000m Steeplechase

Miles Knight-Smith - U13 Boys 4x100m Relay

Aleks Boruc Louis Stephenson Henry Tamblyn Isaac Winther -Miles Knight-Smith

Henry Aldahn Lachie Gray

eac Winther - U14 Boys 4x100m Relay iles Knight-Smith

Girls Event Winners

Ava Adcock - U13 Girls 400m Cassie Butschek - Open Girls 400m Open Girls 800m

Georgie Twelftree - U15 Girls Discus







Greek Independence Day

The timing could not be any better this year, as we celebrated Greek Independence Day at Unley High School during Harmony Week. A fitting combination as we recognise our diversity as a school and a community.

At Unley High School we are fortunate to have the opportunity to explore this through our Languages curriculum, providing an intercultural insight and perspective as we acknowledge each of our unique backgrounds that make our school richer and more vibrant. Greek Independence Day is a perfect example of this and how we commit ourselves as a community to core school values like Diversity.

On March 24 staff and students gathered in the Covered Outdoor Learning Area which was adorned with Greek flags, as the sound and smell of Hellenic culture drift throughout the school. The Unley High School Greek Parents Committee again organised a Souvlaki Sizzle that was enjoyed by all and we would like to take this opportunity to thank them for all their hard work. Their commitment to helping our community is long standing and does not go unappreciated.

We were also treated to traditional dance and music performed wonderfully by Unley High School students, before all those in attendance were invited to join in and take part in a fantastic tribute to Harmony Week - a whole-school rendition of the Zorba dance. None of this would have been possible without our school's Greek Dance students, who have shown an eagerness to learn an important aspect of Greek culture.

Special thanks also to Mr Savvas Frazis for assisting with Greek Dancing and a final thank you to Principal, Mr Greg Rolton and Assistant Principal & Languages Coordinator, Ms Karmen Petric, for their constant support.

March 25, 1821 was the day that Greece formally announced it would start a Revolution to overthrow the occupying forces of the Ottoman Empire after 400 years of oppression. The presence of a strong Greek community like ours at Unley High School and those of the Greek diaspora worldwide would not exist had it not been for these events. This is a national holiday in Greece marking the most important day in modern Greek history.

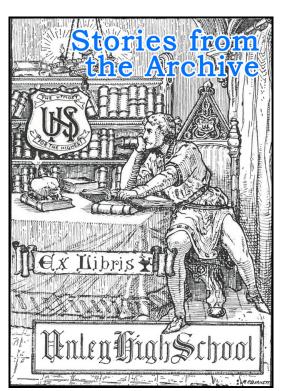
We are looking forward to an exciting year and continuing our engagement with the school community to celebrate all languages and cultures. Stay tuned for our annual Greek Dance to be held September 16. More details to follow!

Lazaros Gialamas









Stories from the Archive

This is the second in a short series of "before and after" photos showing Unley High School then and now.

The grainy old photo above shows a formal Assembly in 1969. It's being held in the central quadrangle of the main buildings which back then was a fairly clear, open space into which the whole school could squeeze.

On a platform are some famous names from Unley High School history – from left, deputy headmaster Mr Ted Smith, headmaster Mr Len May, deputy headmistress Miss Bet Tomlinson and science teacher Mr Sid Eberhard.

Seated facing the student body are the school's prefects.

The photo below shows that same area in 2023. Of course the quadrangle today has trees, seats, verandahs and areas for bicycles. The need to hold school assemblies outdoors ended in 1971 when for the first time they could be held in the new George Cresswell Hall.

Stephen Murphy Archivist







Harmony Day

"Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds.

It's about inclusiveness, respect and a sense of belonging for everyone."

Australia is one of the world's most successful multicultural countries and our cultural diversity is at the heart of who we are. Multiculturalism is very much alive at Unley High School whose community comprises over 60 cultural and linguistic backgrounds.

This year Harmony Day was celebrated on Wednesday, March 29 with a range of activities, commencing with an online quiz and followed by a colourful display of national costumes, flags and music. At lunchtime students and staff were invited to enjoy a spread of diverse dishes prepared by SVC students and their families. Students also created a large tree collage with individual leaves representing their own cultural heritage.

Harmony Day was selected to be the casual day for Term 1 and students were encouraged to wear a traditional costume of their home country, or dress in a colour of their country's flag. Many students took part and created a vibrant display of colour and traditions.

A big thank you to the Events and Community Connections and the School Image and Promotion action groups, who were instrumental in bringing this event to life, and the staff who supported and guided the groups.

Karmen Petric
Assistant Principal











Basketball Success

Congratulations to Chelsea and Sienna who travelled to Brisbane during the last week of Term one to compete for SA Metro at the Under 18 National Basketball Championships. Chelsea and Sienna co-captained a successful tournament winning eight games in eight days with only one loss. Chelsea and Sienna are pictured below with their gold medals and the winners trophy.





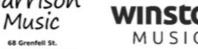












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May 2023

Diary Dates

Term 2 2023

1 May	Term 2 Commences	9:00am
3 May	Year 9 parents Ski Trip Meet & Greet - George Cresswell Hall	6:00pm
11 May	Year 10 Immunisations	
23 May	Governing Council meeting	7:00pm
9 June	Student Free Day - staff professional development	
9 June	Year 12 Formal	
12 June	King's Birthday public holiday	
13 June	Student Free Day - staff professional development	
20 June	Governing Council meeting	7:00pm
21-23 June	Year 11 Exams	
26 June	Semester 2 commences	



As part of our ongoing commitment to the environment, all Newsletters are published on our school website. Hard copies are no longer issued to students unless specifically requested.

