The Utmost for the Highest



NEWSLETTER 1

March 2024





We started the year with the sad news of the passing of Unley High School alumnus Dr Lowitja O'Donoghue AC CBE DSG. As a school we recognised her passing with acknowledgement in PSI and then again at our first full school assembly. We were honoured when Dr O'Donoghue agreed to her name being used for one of our School Houses. Unley High School was represented at her State Funeral on Friday 8 March.

The newly renovated Middle School 400 block was completed over the holidays and classes moved in at the start of Term. The next upgrade will be the Canteen which will take place during the last week of Term 1 and the school holidays. This upgrade will increase the flow of students with Middle School students entering and exiting via the North and Senior School students via the South. This will greatly reduce waiting times.

We are currently working with the Department's Capital Works team and hope to start the renovation of the remaining Middle School 500 block later this year.

Due to extreme weather predictions, we postponed Sports Day on Friday 8 March. Sports Day has been rescheduled for Thursday 21 March and we pray the weather will be kinder so students can enjoy the fun and friendly competition.

In conjunction with the Transport Department and City of Mitcham we added a new bus stop for students on Kitchener Street. We also re-aligned the adjacent fencing to provide a larger waiting area to improve conditions, particularly in the afternoons. We continue to work with the bus company to have buses arrive at the correct time and in the correct order to best accommodate our students at the end of the school day.

Thank you to all parents who attended our two acquaintance nights and took the time to meet PSI teachers. The next event on our calendar is our Twilight Open Night on Wednesday 27 March.

Greg Rolton



Architect image of the 500 Block renovation





Year 10 Outdoor Education

On Monday 12 and Tuesday 13 February my year 10 Outdoor Education class enjoyed two days of aquatics activities at West Lakes Aquatics Centre. The students learnt how to sail, windsurf and kayak over the two days.

As part of the Outdoor Education course students also actively applied the qualities we have been learning in class, including showing leadership, resilience, empathy and communication.

Angie Treloar
Outdoor Education Teacher











Rowing News

On February 17 & 18 students from the Unley High School Rowing Program competed in the South Australian Rowing Championships at West Lakes. Students from across Years 8-12 represented Unley High School, with strong results across the weekend.

Overall Unley High School had 25 crews racing in A Finals, with 15 finishing with podium places.

This included:

- State Championship winners: U17 Women's Single, U16 Women's Double, Schoolgirl Coxed Four, Schoolgirl Year 9 Coxed Quad and Schoolboy Year 9 Coxed Quad
- Runner-up: U18 Women's Pair, U16 Men's Double, U19 Women's Coxed Four
- 3rd Place: U16 Women's Single, U19 Women's Single, U21 Lightweight Women's Single, Open Women's Four, Schoolboy Year 10 Quad, Schoolgirl Eight and U19 Men's Double Scull (composite with Pembroke)

A separate mention goes to one of our former students who won the U19 Men's Quad and Open Lightweight Men's Four racing with Adelaide University.

Congratulations to all the rowers who represented Unley High School and to all those who supported their training

including their peers, coaches, families and school staff.
The rowing club is now gearing up for the Head of the River Regatta on March 16 and the Australian Rowing Championships commencing March 18 in Sydney.

Daniel Ralph Rowing Manager











State Cycling

Tuesday 20 February was an exceptional day at Victoria Park for the SA State Cycling Championships, where our team experienced great success. The boys demonstrated remarkable performance, earning several individual awards and securing the prestigious "Champion School Award" for Unley High School, recognizing us as the top-performing school of the event.

The format for the event was as follows:

Race 1: Time Trial

30 second intervals between riders trying to see the fastest over 5 laps of the 1.16km course (approx. 5.8km total)

Race 2: Points Race

Cyclists rode together in their grades with a sprint finish every 2 laps. Race points were scored 5, 3, 2, 1 for the first four riders past the finish line on every second lap.

Race 3: Criterium Race

Cyclists rode in grades for a certain time over a circuit. Grades rode for around 15 to 30 minutes plus two laps.

The following students attended the event:

Miles - Year 11

Justin - Year 11 - Finished 3rd in the A Grade competition

Cameron - Year 11

Mitchell - Year 9

Taylor - Year 10 - Finished 3rd in the C Grade competition

Anton - Year 9

Thomas - Year 7 - Finished 3rd in the C Grade competition

Thomas - Year 9

Brett Simpson Sports Coordinator







Student Achievement

Congratulations to year 11 student **Tyler Howarth** who recently competed for South Australia in the Under 18 National Baseball Championships. The team was successful and came away with Silver medals.

Tyler has since been named in the Advertiser's Top 21 baseball young guns under 21 and has been selected in the Under 18 National Junior Squad to play in the USA later this year.

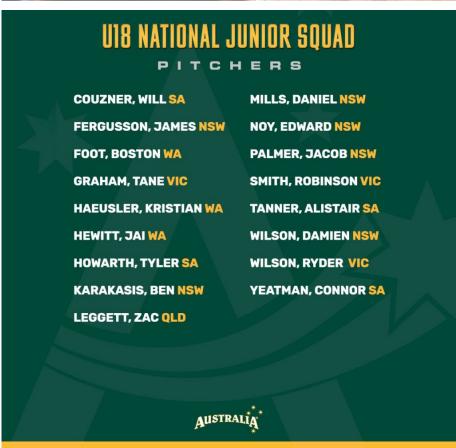
Excerpt from the Advertiser:

The Australian U18 baseball squad has been selected for 2024, with a number of SA young guns making the cut ahead of a tour to the US.

One of SA's most talented up and coming pitchers, Howarth's big 2023-2024 season has set him up for a bright future. An AIS representative and a prospective World Cup player, Howarth had a dominant Australian Youth Championships with SA.

He pitched five scoreless innings against NSW at the championships.









The Arts

The Arts is thrilled to share the creative energy and enthusiasm that have already filled our Art studios and the Performing Arts Centre this year. The beginning of a new academic year is always an exciting time, and this year promises to be no exception.

Our students have wasted no time in showcasing their diverse talents across various artistic disciplines. From scripted and group devised performances in drama, revising the principles and elements of Art, music items in our whole school assembly and participation in group and individual instrumental lessons.

As we look ahead, the teachers and students are already gearing up for a series of exciting excursions, incursions and events that will showcase our students' hard work and dedication.

We are committed to nurturing creativity, fostering collaboration, and celebrating the unique talents of each student. We are immensely proud of our students who have embraced their artistic passions and are already leaving a mark on

the school community.

Mrs Kimberly Mullan The Arts & School Promotions











GRIP Student Leadership conference

On Tuesday 26 February, a group of ten student leaders along with Ms Petric and Mr Simpson, attended a GRIP Student Leadership conference at the Adelaide Entertainment Centre.

After arriving by bus, we spent the day learning about strategies to improve our personal leadership skills, as well as how to develop fun and engaging events in the school community.

There were seven main topics covered, from meeting management to improving school culture, all of which provided detailed insights and step by step guidance. The day included fun games, bonding activities, and self-reflection, which we learnt to be one of the most important steps in becoming a great leader. On the whole, it was an informative fun filled day, and we can't wait to share our new ideas and projects with everyone, and hopefully you will see these emerging around the school!

Matilda Year 9

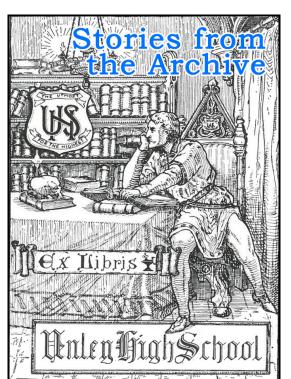








Stories from the Archive



Who was George Cresswell?

Like our double blue school colours, school motto and crest, the name "George Cresswell" is with us at Unley High School every day.

Who was George Cresswell?

Cresswell began his association with the school as another parent, having moved to Adelaide from Port Pirie. He enrolled sons Reg and George at Unley High School in 1929 and later also his two other children, Audrey and Harry.

It seems Cresswell was a community minded man. As a parent, and a Justice of the Peace, he joined the school Council.

According to historian Craig Campbell, with his training in the law Cresswell was a great asset as a negotiator. Deputy headmaster Ted Smith remembered Cresswell's "determination and persistence in achieving council goals".

He would also play a leading role in Unley High School's challenging relocation from Kyre Avenue to Netherby.

It was Cresswell's length as well as quality of service that etched his name into our school's history. He served on the Council for 33 years, 27 of those as chairman.

The 1962 yearbook, noting Cresswell's retirement, reported: "As a mark of

respect and in recognition of this, the School Library has been named the "George Cresswell Library".

Several years later, the new school assembly hall would be called the "George Cresswell Hall".

Sadly, there appear to be very few photographs of him, certainly in the Unley High School Archive. He can be seen in this one taken from the September 1936 edition of the school magazine. As the caption indicates, Mr G.E. Cresswell is the tall gentleman in the back row.

Stephen Murphy Archivist







Donations to the Archive

Wonderful donations already in 2024

Already this year three wonderful donations to the Archive have landed at the school.

One is the 1981 magazine or yearbook. This donation is so much appreciated because we did not have a single copy from that year.

Thank you to Old Scholar Kate McLeod, formerly Kate Marshall, for facilitating the donation on behalf of her family. Four Marshalls attended Unley - Kate, Joanna, Philip and Georgina.

Kate was a Prefect in 1982 and junior girls rowing captain in 1979.

Thank you also to Geraldine Wardle for donating copies of the 1968, 1969 and 1970 yearbooks, also pictured. These were classic issues!

Finally, many thanks to Elaine Delgado for donating her copy of the English text, "The Wind in the Willows". Elaine was at Unley High between 1967 and 1970.

Inside the front cover Elaine wrote her name, which was then Elaine Murphy, and underneath, "Class 1C Room 10". In 1967 Room 10 was in the large temporary buildings complex, most of which was located where the new hockey pitch is being built today.

First published in 1908, "The Wind in the Willows" by Kenneth Grahame is a famous work of children's literature. This copy was published in Methuen's Modern Classics in 1939 and was the 61st edition!

It can be seen in the display cabinet off Student Services









The school's heritage wooden crest was installed earlier this month in its new location.

Thanks to the Facility Management team for making this happen.





Student Voice Council

For all those involved in the Student Voice Council at Unley High School, the year has kicked off with a blast in a terrific Induction Day. Brilliantly organised and run by this year's prefect team and Ms Petric, the day allowed us to make new connections inside our four SVC action teams, bond with our fellow

student leaders, and develop attainable and reasonable goals for the year.

Throughout the day we played a range of fun bonding activities that encouraged participation, leadership and open communication. Beginning with 'Fun Fact Bingo', we then enjoyed a round of Blindfold Karaoke, 'What's in the box?' Charades, and 'Guess the noise'.

We were fortunate enough to be joined by the 2023 Dux of the School and former head prefect Melson Shi, who gave an inspiring and uplifting speech on leadership in the community. "You don't have to have a fancy title to exhibit the qualities of great leaders," he reminded us. This was a particularly pleasant surprise for the current prefect and head prefect teams, who were thankful

for the guidance and legacy that Melson has left them, as well as the Year 7s, who had not been at the school during Melson's time as head prefect and sat in rapture as he spoke.



Finally, we finished off the day by planning our short term and long term goals and aims within our four SVC action teams: Environment and Facilities, Curriculum and Learning, Community Connections and School Promotion, and Wellbeing. We also elected Middle and Senior School Vice Captains and Secretaries within our action teams and shared our ideas across the whole Student Voice body.

We would like to end this article with a big thank you to all those involved in preparing, organising, and running this day! It was a huge success, and we are already looking forward to the 2025 Student Induction Day!

Karina & Theisha (Year 11)







International Baccalaureate Diploma (IBDP) at Unley High School

Unley High School has been offering the International Baccalaureate Diploma Programme to students in years 11 and 12 for 3 years now. The program aims to "develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. It encourages students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right." Unley High School produced the first IBDP graduates in 2023, with results coming out in January this year.

The highest result achieved in the inaugural year was 39 out of 45 with two students achieving 3 merits in total, one in each of the following subjects: French HL, Physics HL and Chemistry SL. These students were recognised at the IBDP Awards ceremony held on 6 February at Adelaide Town Hall.

In 2024, there are 9 year 12 students studying the full IB Diploma Programme and 2 studying 1 IBDP subject as part of their SACE course; 10 year 11 students in the full program plus 7 students studying 1 or 2 IBDP subjects.

We congratulate all students, both the graduates and those currently undertaking the program, on challenging themselves and ensuring the best possible preparation for university studies, through engaging in this global, comprehensive and rigorous program.

For more information on the IBDP, please contact karmen.petric478@schools.sa.edu.au

Karmen Petric
Assistant Principal









Lowitja O'Donoghue

With sadness, Unley High School acknowledges the death on February 4 of our distinguished old scholar, Dr Lowitja O'Donoghue AC CBE DSG.

Part of the Stolen Generations, Dr O'Donoghue attended Unley High School while living at the Colebrook Home in Eden Hills.

She graduated in 1947 before emerging onto the national stage as a trailblazing indigenous leader.

In 2021 we were grateful to Dr O'Donoghue for allowing the school to name one of our new Houses in her honour. (O'Donoghue House has won the school Sports Day competition in both 2022 and 2023.)

A short piece about Dr O'Donoghue's life was published in the June 2022 issue of the Newsletter. She was 91.



Dr Lowitja O'Donoghue AC CBE DSG Image: Leanne King

Donations to the Lowitja O'Donoghue Foundation can be made at - https://www.lowitja.org.au/lowitja-foundation/donate/



From **1 March 2024**, new laws will ban smoking and vaping in a variety of public outdoor areas in South Australia.

Regulations under the South Australian Tobacco and E-Cigarette Products Act 1997 are being introduced to address risks associated with passive tobacco smoking and passive inhalation of e-cigarette aerosol. This will occur through the creation of smoke-free and vape-free areas in the following areas:

- at early childhood services premises, and education and children's services facilities (including schools), and within ten (10) metres of their boundaries
- at and within ten (10) metres of non-residential building entrances, such as entrances to shopping centres, government and commercial buildings
- at public hospitals and health facilities, private hospitals and residential aged care facilities, and within ten (10) metres of their boundaries (note: the regulation for residential aged care facilities will come into operation 12 months after the day on which the other regulations are made)
- within outdoor public swimming facilities
- at major events venues declared under the Major Events Act 2013
- at and within ten (10) metres of a sporting venue during an organised underage sporting event, training or practice session
- on beaches between and within fifty (50) metres of red and yellow patrol flags, and under (and within five (5) metres of) jetties.

Download the guide to the new smoke-free and vape-free laws (PDF 4MB).





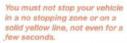


PARKING RESTRICTIONS AT SCHOOLS ARE FOR THE SAFETY OF YOUR CHILDREN

Local Councils impose a variety of parking restrictions at and near schools to achieve a safer environment for your children. These restrictions are also to optimise traffic movement and safety.

NO STOPPING ZONES -

These zones are usually adjacent to school entrances and the approach and departure sides of school crossings.





NO PARKING ZONES -

You may stop in a No Parking zone to immediately pick up or set down your child, and drive off as soon as possible.



You must not leave your vehicle parked or unattended. If you are going to collect your child from this zone, have your child wait nearby in the school grounds so they can see you arrive. On your arrival they can then leave the school ground, enter your vehicle and you can then drive off.

CONTINUOUS WHITE CENTRE LINE -

If a road has a continuous white centre line, there must be 3 metres between the vehicle and the white line,

SCHOOL CROSSINGS -

You cannot stop within 20m of the approach side or 10m of the departure side of a school crossing.

SPEED LIMITS -

Speeding vehicles in a school zone are highly dangerous for children. There is a speed limit of 25 kph, designated by the signs and a zigzag line below, any time when children are present or when the lights are flashing (depending on the type of crossing).







INTERSECTION OR T-INTERSECTION

(Restricted Area)

You cannot park within 10m of the intersection.



CROSSING PLACES (driveways)

You may park so that the front of your vehicle is level with the approach or the back is level with the departure side of a driveway to any private or public property so that vehicles can enter and depart safely.

FOOTPATHS / NATURE STRIPS -

Parking is prohibited at all times. It creates dangerous situations for both pedestrians and other vehicles in the vicinity.

DOUBLE PARKING -

Creates dangerous situations anytime, however the danger is increased near schools, especially when children are entering or leaving school.

AUSTRALIAN ROAD RULES

CHILDREN SCHOOLS & TRAFFIC

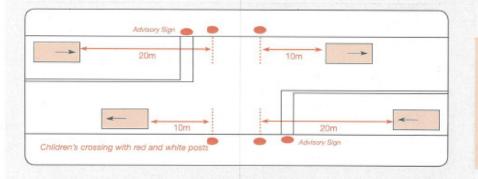
A
POTENTIALLY
DANGEROUS
COMBINATION

PROUDLY DISTRIBUTED BY THE CITY OF MITCHAM

BECAUSE CHILDREN ARE NOT LITTLE ADULTS YOU NEED TO DRIVE WITH CARE AND CONCENTRATION NEAR SCHOOLS

WHY ARE CHILDREN AT RISK

- Their size means that sometimes they cannot easily see or be seen in traffic.
- Parked vehicles, light poles and other street furniture all block a child's view of the road and also make it difficult for drivers to see them.
- Their concentration is limited and they are easily distracted.
- Their actions are often spontaneous and unthinking (that's why the will dart out on to the road to fetch a ball or weave about when riding their blkes) without checking to see if vehicles or pedestrians are coming.
- Their sight is not fully developed, especially their ability to "scan" for things.
- They are lacking the ability to estimate the speed of vehicles, the gap between vehicles, where a vehicle is coming from or how far way it is.



HOW YOU CAN HELP YOUR CHILDREN

FOR UNDER 5 YEARS

Make sure your children have reliable supervision at all times when in or near traffic, especially when crossing roads.

FOR 5 TO 8 YEARS

Help your children to become familiar with all aspects of the road environment – signs, traffic lights and crossing places.

Teach them cycling skills in a safe area – in a park or playground etc.

If they are riding a bike to school, plan a safe route for them to take

FOR 9 TO 12 YEARS

Take the time to explain the road rules in simple terms e.g.: Right of way, what to do at intersections etc.

Go for blke rides with your children to make sure they have safe cycling behaviour

ABOVE ALL, BE CAREFUL
WHEN YOU ARE DRIVING
NEAR SCHOOLS, THE SAFETY
OF ALL CHILDREN
DEPENDS ON YOU

LET'S ELECTRIFY UNLEY!

COMMUNITY FORUM

Did you know fully electrified households powered by renewables, can save between \$1,850-\$5,000 annually while reducing lifetime running costs, lowering emissions and improving air quality?

Come to our community forum to find out how.

Saturday 23 March 1:45-4pm Unley Community Centre 18 Arthur St, Unley.









REGISTRATION Via:

→Scan QR Code OR

→E: uvforca@gmail.com OR

→Ph: 0420 228 650

→electrifyadelaide.com

The Utmost for the Highest



NEWSLETTER

March 2024

Diary Dates

Te	rm	1	2	02	24

11 Mar	Adelaide Cup Public Holiday	
13-22 Mar	NAPLAN	
12 Mar	Parent Voice meeting	6:00pm
14 Mar	Year 10 Immunisations	
18-22 Mar	Australian Rowing Championships	
21 Mar	Sports Day	
22 Mar	Principal's Tours	9:15am
19 Mar	Governing Council meeting	7:00pm
27 Mar	Twilight Open Night	5:00 - 7:00pm
29 Mar	Good Friday Public Holiday	
1 Apr	Easter Monday Public Holiday	
9 Apr	Parent teacher Interviews online	11:00am-7:00pm
14 Apr	Last Day Term 1 (early dismissal)	2:30pm

Term 2 2024

29 April	Term 2 commences	9:00am
3 May	Principal's Tours	9:15am
14 May	Year 10/12 Drama performance	5:00pm
15 May	Year 10/12 Drama performance	6:00pm
17 May	Principal's Tours	9:15am
21 May	Governing Council meeting	7:00pm



As part of our ongoing commitment to the environment, all Newsletters are published on our school website. Hard copies are no longer issued to students unless specifically requested.

